

# Pathways Patterns

March 2023 EDITION

## Note from Admin Staff

Another great month in the books! Some might say we had too much fun. Loved being able to hold camp again and loved showing class update!

## Note from Advocacy Council

WE HAD SO MUCH FUN THIS MONTH! Between the parade and surprise guests, we aren't sure what was our favorite part. Can you tell us yours?



### Table of Contents

Page 1: Cover

Page 2: Birthdays

Page 3 -7: Class Updates

Page 8 -12: PTO Events

Page 13—17: Life Skills Series

Page 18: Goodbye Message

Page 19—20: Disability Navigator & Community Education

Page 21: Closure Schedule

Page 22—24: February Fun

# Pathways Patterns

March 2023 EDITION

## March Birthdays!

Kevin

Connor

Deidre

Josh

Wade

Naden

Stephanie

Dwight

Micah

Keith

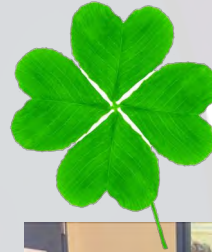


# HAPPY BIRTHDAY

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March 2023 EDITION

## Baking Class



In baking class, the participants worked together to make banana bread and a lucky charms inspired rice kipsie treat! We had a blast!

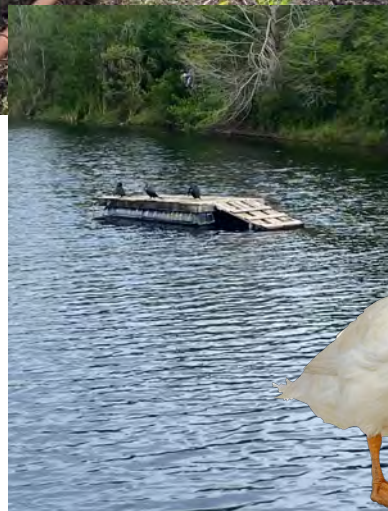
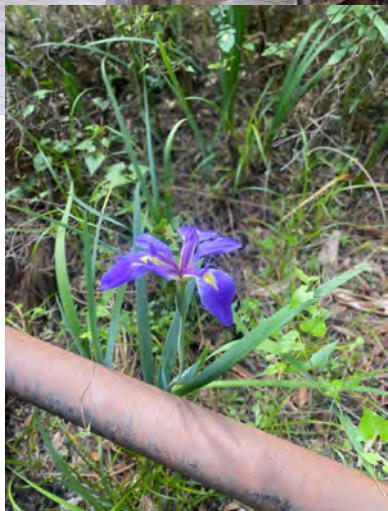
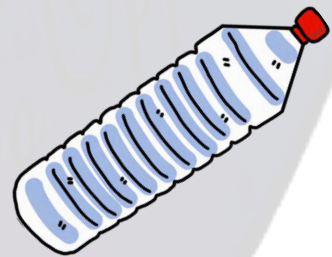
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March 2023 EDITION

## 6 Mile Cypress Slough



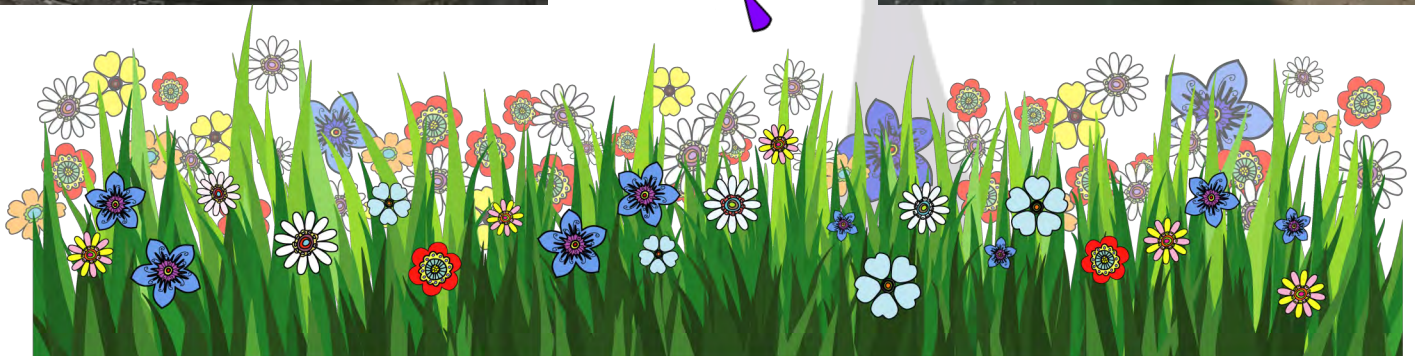
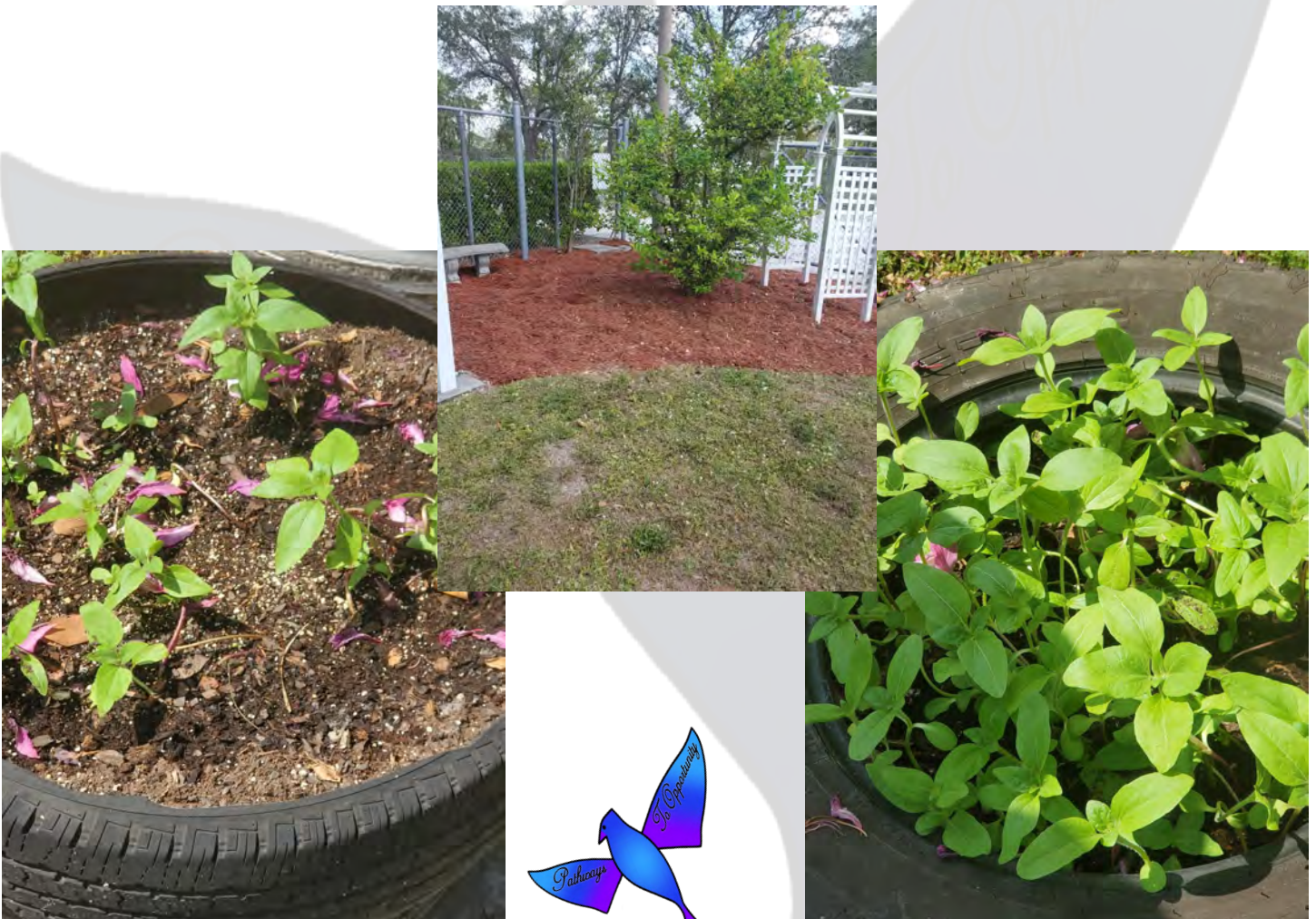
In Fit 5, the class took a trip to the slough to get our bodies moving. We finished the day with a snack and plenty of water on the picnic tables.



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March 2023 EDITION

Gardening class has worked hard this quarter, with putting in the mulch and with planting some new sunflower seeds, and taking care of the plants cant wait to have flowers.



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March 2023 EDITION

Drawing Class had so much fun with their original creations!



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March 2023 EDITION

## YELLOW GROUP UPDATE

### **Literacy:**

This month in Literacy we continued learning about sight words and reviewing what we had learned, as a group we went over the words and practiced spelling and pronouncing them properly. We also practiced reading some paragraphs some participants read the paragraphs out loud and some listened.

### **Chromebook 101:**

For Chromebook 101 this month we learned about how to conduct research including sites to go on and what to look for, we discussed sources and how to properly look things up on the internet while staying safe.

### **Spanish and Multicultural Club:**

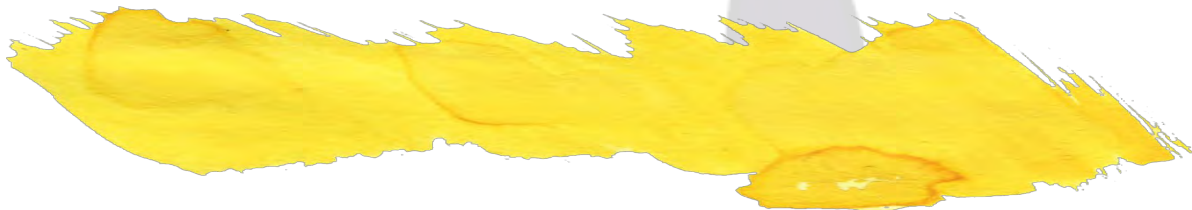
This month in Spanish and Multicultural Club we focused on learning the alphabet we practiced saying the letters of the alphabet as a group and then we would learn some high frequency words including conversation starting questions. In our multicultural class we learned some facts about several countries such as Jamaica, Mexico, and Puerto Rico. We went over some of the culture they have in these places and some of the foods they make.

### **Comedy Improv:**

For our Comedy class this month we practiced some jokes, some participants came up with some jokes and practiced saying them throughout the month. We also looked at some forms of comedy through some comedic shows and films.

### **History and Sign Language:**

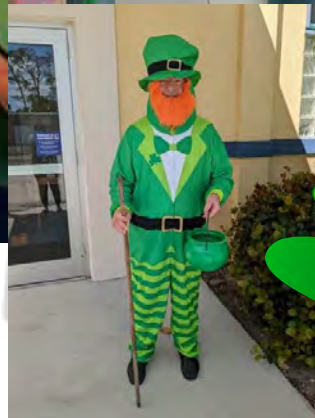
In our History and Sign language class this month for our history class we learned spoke learned some history of early America and spent some time learning about the history of St. Patrick's Day. In our sign language class, we continued reviewing the alphabet and some signs for conversations and for ordering food at restaurants.



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March 2023 EDITION

## St. Patrick's Day Parade



*Happy St. Patrick's Day*



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March 2023 EDITION



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March 2023 Edition

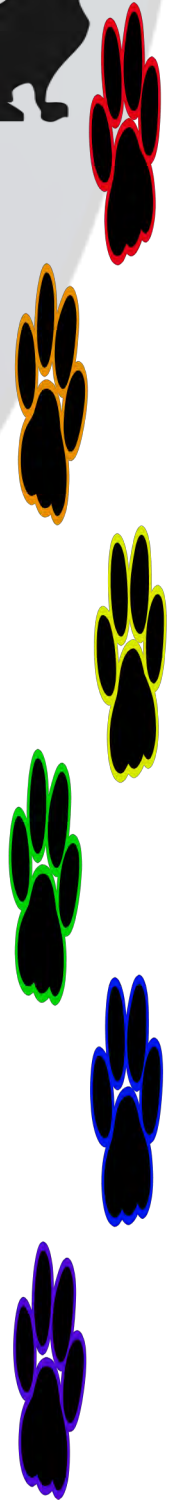
## Pet Therapy



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March 2023 Edition

## Pet Therapy



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March 2023 EDITION



Join APD  
to celebrate Floridians with Down Syndrome

ROCK  
*your*  
SOCKS



WORLD  
DOWN  
SYNDROME  
DAY March 21



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Pathways to Opportunity Presents








## Life Skills Spring Series

Adult One Week Interactive Seminar for Adults with Intellectual and Developmental Disabilities

Session: March 20th, 2023 - March 24, 2023

Schedule: Arrival starts at 9:00am and Dismissal starts at 2:00pm

	Day of the Week				
	Monday	Tuesday	Wednesday	Thursday	Friday
Week: 03/20/23 - 03/24/23	Science 	Baking 	GameTime 	Art Expression 	Relationships & Communication 

### Week Hourly Breakdown:

9:00am - 10:00am: Power Hour

10:00am - 11:30am: Activity

11:30am - 12:00pm: Lunch

12:00pm - 1:30pm: Activity

1:30pm - 2:00pm: Personal Enrichment

# Pathways Patterns

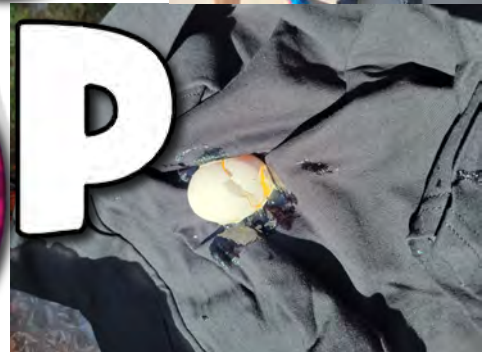
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## Life Skills Series

Egg Drop Experiment at it's finest!!! We worked in teams to test a hypothesis. Only one of our eggs cracked!



# EGG DROP

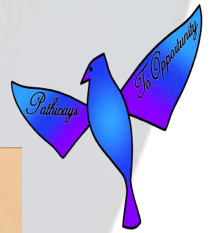


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## Life Skills Series

In Baking, we worked on multi-step directions and kitchen safety. The outcome was a delicious cookie sundae!



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March 2023 EDITION

## Life Skills Series

The Lee County Sheriff's Office Miromar Community Outreach Center hosted a Pet Safety Lunch & Learn and were gracious enough to invite us! We learned how to safely approach dogs and the warning signs that a situation may not be safe.





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March 2023 EDITION

This month in stress management, we learned about different skills to help cope with the stress and how important it is to let go of the stress.



This month in daily living skills, we learned about how important it is to keep up with life skills and what to do with them.



# Pathways Patterns

March 2023 EDITION

## Goodbye Message from the Winter 2023 Advocacy Council

Thank you for letting us be your President, Vice President, Secretary and Treasurer. We appreciate everyone who voted for us. We look forward to representing Pathways to Opportunity in the future.



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## DISABILITY *Navigation*



### **You've got questions. We've got answers!**

The process of applying for assistance can be daunting and arduous. That's why we're here to provide you with guidance. We'll walk you step-by-step in understanding the iBudget and Medicaid waivers. It's our commitment to you that your family won't be lost on its new journey.



**Jessica Tursi**  
**Director of Disability Services**  
(239) 995-2106 [ext 2301]  
[jessicaavalos@goodwillswfl.org](mailto:jessicaavalos@goodwillswfl.org)

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March 2023 EDITION



## COMMUNITY *Education*



### Coming Soon!

Pathways to Opportunity is excited to announce our upcoming community education sessions! There, you'll find all sorts of information regarding disability topics. Be sure not to miss them!



**Jessica Tursi**

**Director of Disability Services**

(239) 995-2106 [ext 2301]

[jessicaavalos@goodwillswfl.org](mailto:jessicaavalos@goodwillswfl.org)

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March 2023 EDITION

## Program Calendar 2023

The Pathways to Opportunity (PTO) will be closed for the following holidays and in-service training days.

PTO may add additional closure days for In-Service training. Participants, caregivers, and guardians will be notified as much time in advance as possible.

### **Winter Quarter: 01/02/23—04/01/23**

#### January:

New Years' Day: 01/02/23

In-Service Day: 01/16/23

#### February:

In-Service Day: 02/20/23

#### March:

None

### **Spring Quarter: 04/04/23 – 07/01/23**

#### April:

In-Service Day: 04/03/23

#### May:

Memorial Day: 05/29/23

#### June:

**NEW**: In-Service: 06/14/23

### **Summer Quarter: 07/05/23 – 10/07/23**

#### July:

In-Service Day: 07/03/23

Independence Day: 07/04/23

#### August:

None

#### September:

Labor Day: 09/04/23

In-Service Day: 09/22/23

### **Fall Quarter: 10/10/23 – 12/31/23**

#### October:

In-Service Day: 10/02/23

#### November:

In-Service Day: 11/10/23

Thanksgiving: 11/23/23

In-Service Day: 11/24/23

#### December:

Christmas Day: 12/25/23

# Pathways Patterns

March 2023 EDITION

## ST. PATRICK'S DAY WORD SEARCH

E H V W E P Y Y W E G I K O U B G Q G R  
F H K Y M I A J J N T N B C N V M J I Z  
B O P L W Z C T U P M C P M K T W N Q D  
S U Q A X R L A R L S K N N I U A S N L  
U P L M B G H V N I X V L H R S T A T F  
H A C K A C X M Q P C M G G Y G L O L R  
H R N Z E T C D S J G K C B J E K V H K  
S A S R Y E S Z O W E M N A R M O R C Z  
U D P I A Y M T N M U H N I Y E L D Z I  
J E R V Q I F Y B M Y D Y G M R T X I N  
L T R W W O N R X R G P R G C A L F C D  
A E O V N P M B N J F L L O N L W Y Z V  
F D A I X B J G O C E E S E Q D X B V B  
A W A W A T S B F W A Q E N M W X A P E  
U U F R T B P S V R X R R H K M A J I A  
J G R L P F C A V B G V Z R F F O C A A  
H O E B W H P I N C H O V M V J L T C F  
E H A B T P U N S B Y J D A W V E D C F  
I O G J D B K T L K Z I Z R D I D E L T  
A Z R B L Y P W C K J Y B C P G S B O B  
D H L E V M L U P B A L E H W J F H V O  
O C F P S X L J G R H Z J H W Q U R E A  
W Y D S H A M R O C K G J X J Y U Q R S  
P U I A A Z F Q L C Q F M X T N T P M F  
Y Z O R M A A J D R Z N U R D R Z O K T

Saint	Ireland	Clover
Patrick	Wishes	Parade
Leprechaun	Shamrock	March
Rainbow	Green	Pinch
Gold	Lucky	Emerald



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March 2023 EDITION

## St. Patrick's Day word scramble

IIRHS \_\_\_\_\_ LDOG \_\_\_\_\_

OABIRWN \_\_\_\_\_ KAPCIRT \_\_\_\_\_

ADIELRN \_\_\_\_\_ NEEPHEARCU \_\_\_\_\_

MHSOKCRA \_\_\_\_\_ HRCMA \_\_\_\_\_

YKLCU \_\_\_\_\_ ENRAGE \_\_\_\_\_

BACBAEG \_\_\_\_\_ ORLECV \_\_\_\_\_

NETESENEV \_\_\_\_\_

TISNA \_\_\_\_\_

ARDEAP \_\_\_\_\_

ACDNE \_\_\_\_\_



# Pathways Patterns

March 2023 EDITION

It's allergy season again?! You've got to be pollen my leg.



What is a flower's favorite kind of pickle?  
A daffo-dill.



It happened right before my berry eyes.



What kind of spells do leprechauns use?  
Lucky charms.

